

# CHARLOTTE

## October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>10/1/2021</b>
 <p><b>LunchPlus Club Drive Thru Meal Pickup</b>            at Bethpage Presbyterian Church            6020 Mooresville Road, Kannapolis, NC 28081  <a href="http://www.bethpagechurch.org">www.bethpagechurch.org</a></p> <p><b>Please call 704-794-7239 by Noon</b>  <b>the day before you wish to pick up.</b></p>				Sliced Turkey Breast Swiss Cheese Potato Salad Hamburger Bun Chocolate Pudding Orange Juice Milk Mustard/Mayonnaise
<b>10/4/2021</b>	<b>10/5/2021</b>	<b>10/6/2021</b>	<b>10/7/2021</b>	<b>10/8/2021</b>
BBQ Chicken Breast Green Beans Whole Kernel Corn Whole Grain Roll Blondie Milk Margarine	Glazed Ham Whipped Potatoes Glazed Carrots Cornbread Tropical Fruit Milk Margarine	Mexican Picante Chicken Breast Fiesta Rice Broccoli Whole Grain Roll Marble Pudding Milk Margarine	Spaghetti & Meatballs Green Peas Tossed Salad Whole Grain Roll Fruited Gelatin Milk Margarine Salad Dressing	Sliced Turkey Breast Swiss Cheese Lettuce & Tomato Potato Salad Wheat Bread (2) Sugar Cookie Orange Juice Milk Mustard & Mayonnaise
<b>10/11/2021</b>	<b>10/12/2021</b>	<b>10/13/2021</b>	<b>10/14/2021</b>	<b>10/15/2021</b>
Pork Roast w/Brown Gravy Mashed Red Potatoes Mixed Greens Whole Grain Roll Chocolate Chip Cookie Milk Margarine Vinegar	Beef Chili w/Beans California Vegetable Blend Green Peas Cornbread Fresh Banana Milk Margarine	Chicken Breast w/Gravy Macaroni & Cheese Brussels Sprouts Whole Grain Roll Cranapplesauce Milk Margarine	Beef Patty Sliced Cheese Lettuce, Tomato, & Onion O'Brien Potatoes Hamburger Bun Mixed Fruit Cobbler Milk Ketchup & Mustard Mayonnaise	Chicken Parmesan Spaghetti Noodles Green Beans Tossed Salad Whole Grain Roll Tropical Fruit Milk Margarine Salad Dressing
<b>10/18/2021</b>	<b>10/19/2021</b>	<b>10/20/2021</b>	<b>10/21/2021</b>	<b>10/22/2021</b>
Honey Baked Chicken Breast Oven Roasted Potatoes Italian Vegetable Blend Garlic Texas Bread Pineapple Tidbits Milk Margarine	Meatloaf w/Brown Gravy Whipped Potatoes Sliced Carrots Whole Grain Roll Fresh Banana Milk Margarine	Sliced Turkey Breast w/Gravy Candied Spiced Yams Green Beans Whole Grain Roll Frosted Cake Milk Margarine	Pinto Beans Macaroni & Cheese Mixed Greens Cornbread Peaches Milk Vinegar	Chicken Chef Salad Pasta Salad Saltine Crackers (2 packs) Tropical Fruit Milk Margarine Ranch Dressing (2 packs)
<b>10/25/2021</b>	<b>10/26/2021</b>	<b>10/27/2021</b>	<b>10/28/2021</b>	<b>10/29/2021</b>
Salisbury Beef w/Gravy Whipped Potatoes Glazed Carrots Whole Grain Roll Pound Cake Milk Margarine	Pineapple Chicken Breast Au Gratin Rotini Garden Vegetables Whole Grain Roll Tropical Fruit Milk Margarine	Beef Enchilada Pie Confetti Rice Fiesta Vegetable Blend Oatmeal Raisin Cookie Milk Sour Cream	Chicken Alfredo Broccoli Tossed Salad Whole Grain Roll Mixed Fruit Cobbler Milk Ranch Dressing Margarine	<b>October Special</b> Chili Dog Baked Beans Coleslaw Hot Dog Bun Brownie Milk

*Cassidy Rivers Beavers, MS, RD, LD*